

SMOOTHIES & JUICE

MORNING GLORY€3.95
Banana, mango, strawberries, honey, fresh squeezed orange juice and organic yoghurt.

BERRY BLASTER€3.95
Strawberries, raspberries, blueberries, bananas, honey and apple juice.

BLUEBERRY BANANA BANG€3.95
Blueberry, banana, honey, apple juice and organic yoghurt.

BEL CIBO BANG€3.95
Pineapple, mango, strawberries, banana and fresh squeezed orange juice

FRESH OJ€2.50
Freshly squeezed orange juice with pulp

DRINKS

HOT DRINKS SERVED WITH A SMALL FLASK OF CHILLED MILK ..
12-15 CUPS

TEA & COFFEE FLASKS€18.00

HERBAL TEAS AND DECAF AVAILABLE

SOFT DRINKS€2.00
Coke, Diet Coke, Club Orange, 7up, Diet 7up

FIOR UISCE

Still H2O€2 (250ml) .€3.50 (750ml)

FIOR UISCE

Sparkling H2O€2 (250ml) .€3.50 (750ml)

SAN PELLIGRINO

Flavoured Mineral Water..... €2.00

How to Order

Select your Store

Parkwest
Tel: 01 898 3101
Mail: parkwest@belcibo.ie

Citywest
Tel: 01 479 6015
Mail: citywest@belcibo.ie

Greenogue
Tel: 01 257 2131
Mail: greenogue@belcibo.ie

*Our opening hours are 7.30am – 3pm Monday to Friday.
Please place orders by close of business previous day for guaranteed delivery, but we will try to fulfil late requests only if possible.*

Lunchtime deliveries are made before 12pm, where hot food is delivered we will provide thermal containers to keep food hot. Orders placed by mail will be confirmed by return mail. Payment can be made by cash on delivery or credit/debit card over the phone or instore. For invoicing enquiries please contact your local store.

Minimum Delivery Value €20. All prices are inclusive of VAT



HANDCRAFTED

We have a great range of handcrafted Sandwich Platters pizza and pasta dishes

FRESHNESS

The produce we have chosen and our demand for freshness is the cornerstone of the Bel Cibo idea.

CHOICE

We also have great menu choices to suit all dietary requirements, coeliac with gluten free pastas, pizza, vegan and vegetarian options also available.

PASTRY PLATTER

GOODY PLATTER

Mixture of Morning Pastries, Scones and Muffins
..... €18(5-8 persons)..... €36(9-16 persons)

MINI PASTRY PLATTER

Mixture of Mini Croissants, pain au chocolate and raisin danish
..... €18(5-8 persons)..... €36(9-16 persons)

TRAYBAKE PLATTER

Mixture of sweet traybake squares, including rocky road, caramel and hazelnut
..... €18(5-8 persons)..... €36(9-16 persons)

PREPARED FRUIT PLATTER

Platter of sliced mixed fruits, natural yoghurt is available as an add on
..... €18(5-8 persons)..... €42
With Yoghurt. €22..... €42

PIZZA

Everybody loves Pizza!

All of our Pizzas are hand rolled 12" and Stone Baked following traditional Italian recipes

Minimum Order 6 Pizzas

MARGHERITA	€10.50
Creamy mozzarella on a rich tomato and basil base, drizzled in olive oil.	
PEPPERONI SPECIAL	€10.50
Sliced Italian pepperoni, mixed sweet peppers, tomato base and mozzarella.	
MOLTO CARNE	€11.50
Chicken, bacon, spicy Italian sausage, tomato base and mozzarella	
HAWAII 5-OH	€10.50
Ham, sweetcorn, pineapple, tomato base and mozzarella.	
VEGETARIANO	€10.50
Char-griddled courgette, aubergine, mixed sweet peppers, red onion, tomato base and mozzarella.	
BBQ PULLED PORK	€11.50
BBQ Pulled Pork, Sliced Peppers, Red Onion and Sweetcorn on a BBQ Base and mozzarella	

SHARING PLATTERS

ANTIPASTO PLATTER	€19.95 (5-8 PEOPLE) . . . €38.95 (9-16 PEOPLE)
<i>Chefs choice of Italian cheeses, cured meats & char-griddled vegetables, with pesto tapanade large bowl of dressed rocket salad foccacia and bread sticks</i>	
ANTIPASTO VEGETARIANO.	€19.95 (5-8 PEOPLE) . . . €38.95 (9-16 PEOPLE)
<i>Chefs choice of Italian cheeses & char-griddled vegetables, olives sundruied tomatoes pesto tapanande a large bowl of rocket salad foccacia and bread sticks.</i>	

Lunch Options

Classic Sandwich Platter€20 (Serves 6 People)

Includes a mixture of Ham and cheese, Chicken Salad, Cheese and Relish, Chicken and Bacon and more served on white and brown bread

Gourmet Sandwich Platter€28 (Serves 6 People)

Chefs Selection of Baguettes, Brioche, Wraps and Ciabattas. Some Sandwiches included are, Chicken Caesar Wraps, Goats Cheese and Red Pepper Brioche, Vegetarian Wraps, Cajun Chicken Baguettes and more.

All Sandwich Platters are a standard size, each serves six people. We Allow 1 1/2 Sandwiches per person. There are Vegetarian options included in each platter, gluten free options are available on request.

Pasta

Want Something a little more substantial? Why not go for one of fabulous hot options? *

TAGLIATELE CARBONARA	€9.95 pp
Carbonara sauce with bacon served with Tagliatele Pasta	
CHICKEN ARRABIATA	€9.95pp
Diced Chicken Breast served in a rich and spicy tomato sauce, served with penne pasta	
TAGLIATELE BOLOGNESE	€9.95 pp
An Italian Classic! Minced beef slow cooked in a rich red wine ragu served with Tagliatele	
<i>*Minimum order 15 people, Order in multiples of 15 only. We can send chafing dishes on request. Does not include staff or crockery hire. These may be supplied on request. Two days notice required for hot dishes</i>	