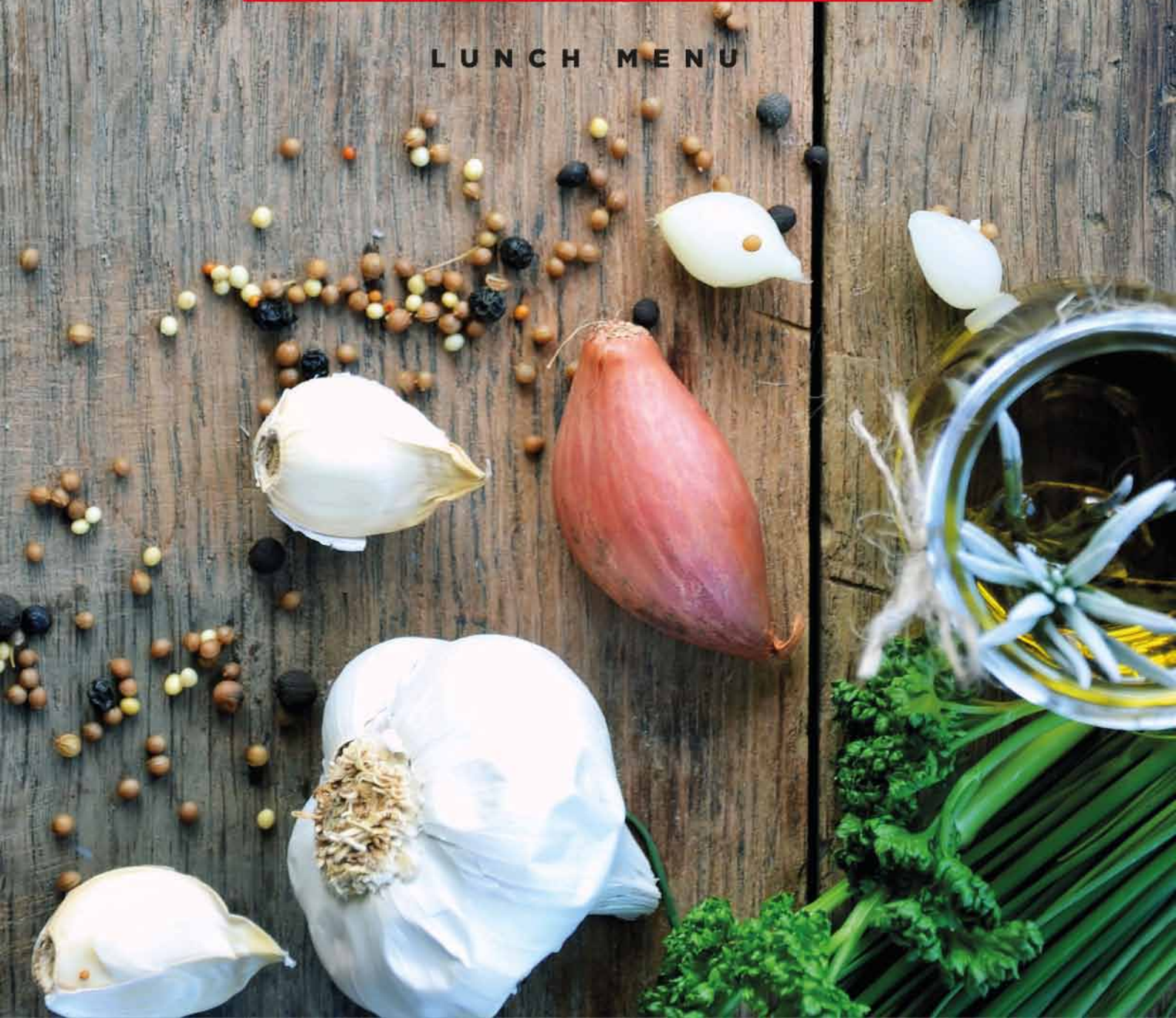


SINCE  2008

BEL CIBO

CAFÉ & PIZZERIA

LUNCH MENU





WHY NOT DOWNLOAD OUR APP?

Avoid the Feeding Frenzy
by using the Bel Cibo App.
Now you can order and
pay for your meal from
your table, for collection
or for delivery!

STARTERS & NIBBLES

BOWL OF SOUP€5.50

BRUSCHETTA (V)€6.95
Diced vine tomatoes marinated in virgin olive oil, roasted peppers, crushed garlic and oregano on a garlicky chargrilled ciabatta, served with mixed greens.

BUFFALO WINGS €7.25 / €12.50, MAIN
8/14 spicy tender chicken wings, served in hot sauce with blue cheese dip.

NEW CHICKEN TENDERS€7.25
Homemade breaded chicken tenders with a garlic mayo dip

NEW MEATBALLS€6.95
Hand rolled beef loaded with herbs, simmered in an easy Italian tomato sauce and topped with grated parmesan.

NEW ARANCINI (V)€6.95
Rice balls filled with seasoned mozzarella cheese, deep fried to perfection and served with lemon aioli.

GARLIC MUSHROOMS€6.50
Seasonal mushrooms breaded and deep fried, served with garlic mayonnaise.

CAPRESE SALAD (V)€7.50
Creamy buffalo mozzarella, sliced tomatoes, fresh basil and extra virgin olive oil.

PIZZA PODS€5.95
Pizza dough balls filled with mozzarella cheese and pepperoni, served with a garlic butter dip. *Vegetarian option also available without pepperoni.*

SHARING PLATTERS

A SELECTION OF DISHES IDEAL FOR SHARING AS A STARTER OR SERVES ONE AS A MAIN.

NEW BEL CIBO PLATTER €16.95
Bruschetta, buffalo wings, chicken tenders, arancini, garlic mushrooms.

ANTIPASTO €17.95
Chef's choice of Italian cheeses, cured meats and char-griddled vegetables, served with sweet relish and warm flatbread.

NEW ANTIPASTO VEGETARIANO (V) €15.95
Chef's choice of Italian cheeses and char-griddled vegetables, served with sweet relish and warm flatbread.

SALADS

CAESAR SALAD (V)€8.50
Cos lettuce tossed with Caesar dressing, homemade seasoned croutons and shaved parmesan.

CHICKEN CAESAR SALAD€9.95
Griddled chicken breast, bacon, Cos lettuce tossed with Caesar dressing, homemade seasoned croutons and shaved parmesan

BAKED GOAT'S CHEESE & CHICKPEA SALAD (V)€8.95
Mixed greens, baby spinach, honey baked goat's cheese on a toasted crouton, chickpeas and roasted red peppers in a basil pesto.

NEW BEL CIBO POWER! (V)€9.95
Spinach, falafel balls, quinoa, sesame and roasted seeds with a sweet balsamic dressing.

NEW NICOISE €10.95
Sustainable tuna, tomato, poached egg, olives on a bed of mixed greens.

Add ons €2: bacon, chicken, falafel, meatballs, Italian sausage, chorizo picante, salami.

MOLTO SANDWICHES

OUR SPECIAL SIGNATURE HOT CIABATTA SANDWICHES COOKED IN A STONE BAKE OVEN.

DELUXE€6.75
Chicken, chorizo, Swiss cheese and a spicy arrabiatta sauce.

NEW RAGIN' CAJUN€6.75
Cajun chicken breast, red onion, roasted peppers, mozzarella cheese and basil pesto.

SMOKEY & THE BANDIT€6.75
Pulled pork, rocket leaves and Swiss cheese smothered in a BBQ sauce.

PARMA CHAMELEON€6.75
Parma ham, griddled Mediterranean vegetables, mozzarella cheese and basil pesto.

BILLY GOAT GRUFF (V)€6.75
Goat's cheese, sun dried tomatoes, rocket, relish and basil pesto.

NEW BUFFALO SOLDIER€6.75
Pastrami, dill pickles, mozzarella cheese and wholegrain mustard.

MOLTO CARNE€6.75
Turkey, salami, sundried tomatoes, Swiss cheese and basil pesto.

NEW THE TUNAMI€6.75
Sustainable tuna, roast peppers, red onion and mozzarella cheese with mayo.

NEW THE VEGAN (V)€6.75
Marinated aubergine, slow roast red peppers and sun-dried tomatoes with an olive pâté, rocket and hummus.

CLUB CAESAR€6.75
Turkey, bacon, tomato, Cos lettuce, Swiss cheese and Caesar mayo.

MEATBALL POWER€6.75
Beef meatballs covered in a spicy tomato sauce and topped with mozzarella cheese.

*Add homeslaw€2.00
Add a cup of soup€2.50*

SIDES

GARLIC BREAD€3.95

HAND CUT CHIPS€3.50

GARLIC CHIPS€3.95

NEW BEL CIBO CHIPS€3.95
Truffle oil and garlic chips with shaved parmesan.

GREEN SALAD€3.50
Mixed leaf salad with balsamic dressing.

BEL CIBO SALAD€3.95
Mixed greens, tomatoes, red onion and peppers with a honey mustard dressing.

BEL CIBO HOMESLAW€3.50
Red and white cabbage with poppy seeds in a low fat mayo.

SWEET POTATO FRIES€4.50



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PIZZA

ALL OUR PIZZAS ARE HAND ROLLED 9" OR 12" AND STONE BAKED FOLLOWING TRADITIONAL ITALIAN RECIPES.

Pizzas available as..... 9"..... 12"

MARGHERITA €10.50.. €11.95

Creamy mozzarella on a rich tomato and basil base, drizzled in olive oil.

PEPPERONI €10.95.. €14.50

Sliced Italian pepperoni, mixed sweet peppers, tomato base and mozzarella.

AMERICANO..... €10.95.. €13.95

Sliced Italian pepperoni, oregano, tomato base and mozzarella.

NEW MOLTO CARNE . €11.95.. €14.50

Chicken, bacon, spicy Italian sausage, tomato base and mozzarella

MARCO POLLO €11.50.. €14.50

Chicken, bacon, mushrooms , tomato base and mozzarella.

HAWAII 50 €10.75.. €14.25

Ham, sweetcorn, pineapple, tomato base and mozzarella.

VULCANO €11.50.. €13.95

Spicy Italian sausage, jalapeno peppers, red onion, basil on a tomato base with mozzarella.

CALZONE €11.50.. €12.95

Folded pizza of Italian salami, basil, ricotta cheese, tomato base and Grana Padano parmesan cheese.

CRUDO..... €11.50.. €14.50

Prosciutto crudo, sweet cherry tomatoes, rocket salad, Grana Padano parmesan, tomato base and mozzarella

IL DIAVOLO..... €11.95.. €13.95

Spiced beef, jalapeno peppers, basil, red onion, tomato base and Grana Padano parmesan cheese.

FOUR SEASONS €11.50.. €13.50

Ham, pepperoni, pancetta, mushrooms, tomato base and mozzarella.

VEGETARIANO €10.95.. €13.95

Char-griddled courgette, aubergine, mixed sweet peppers, red onion, tomato base and mozzarella.

CAPRICCIOSA €10.95.. €13.95

Ham, artichokes, black olives, tomato base and mozzarella.

BIANCA..... €10.50.. €11.50

Button mushrooms, red onions, Grana Padano parmesan on a garlic pesto base and mozzarella.

Add ons €1: MEAT: chicken, chorizo, ham, meatball, pancetta, prosciutto crudo, pepperoni, spiced beef. CHEESE: buffalo mozzarella, ricotta, goat's cheese, Grana Padano, provolone cheese. VEG: artichoke, aubergine, chillies, courgette, roasted garlic, jalapenos, mushrooms, olives, onions, roasted peppers, red onions, pineapple, rocket leaves, cherry tomatoes.

GLUTEN-FREE OPTION:
ALL OUR PIZZA RECIPES CAN BE ORDERED ON A GLUTEN-FREE BASE.

BURGERS

PICK A BURGER & THEN CHOOSE CHICKEN OR BEEF: SERVED ON A BRIOCHE BUN WITH BEEF TOMATO, CRISPY ONIONS, FRESH ROCKET SALAD AND HAND CUT CHIPS.

CLASSICO..... €9.95

Choose beef or chicken. With red onion and relish.

CHEESE PLEASE €9.95

Burger with Swiss cheese, red onion and relish.

BETTY BLUE €9.95

Burger with gorgonzola blue cheese, red onion and relish.

NEW LEAN CHICKEN

LICKEN €9.95

Chicken breast with salad instead of chips.

SWEET CHILLI O' MINE.... €9.95

Burger with jalapeno peppers, tabasco, onion and relish.

RETRO €9.95

Burger with bacon, pineapple, red onion and relish.

VEGAS BABY!..... €9.95

Burger with sweet peppers, parmesan cheese and Caesar mayo.

NEW VEGGIE BURGER..... €9.95

8oz vegetarian falafel pattie with wholegrain mustard and relish

NEW CAJUN CHICKEN €9.95

Cajun Chicken burger with roast peppers and pesto.

RAGAZZI HAMBURGER... €11.95

One for the lads! Double beef or chicken, bacon, Swiss cheese, red onion and relish.

Add ons €1: cheese, bacon, mushrooms

Add ons €2.50: beef patty or chicken breast

Add ons €0.50: Garlic chips

FANCY A BUN FREE BURGER? NO PROBLEM WE'LL SWAP IT FOR ASIDE OF HOMESLAW.

OUR BEEF IS 8OZ CERTIFIED 100% IRISH ANGUS AND OUR CHICKEN 100% FREE-RANGE.

Too busy to come to us? Well let us come to you! Download the Bel Cibo App or visit us at www.belcibo.ie for more details.

SINCE 2008
BEL CIBO
OFFICE CATERING

PASTA

HANDMADE THE ITALIAN WAY. SERVED FRESH DAILLY.

LASAGNE AL FORNO €9.95

Baked beef lasagne with rich tomato ragù served with mixed greens and garlic bread.

NEW LASAGNE VEGETARIANO . €9.95

Baked seasonal vegetables lasagne with rich tomato ragù served with mixed greens and garlic bread.

NEW CAJUN CHICKEN PESTO . €10.95

Chicken breast marinated in Cajun spices with a fresh basil, garlic and pine nut pesto, cherry tomatoes and parmesan shavings.

PENNE ARRABIATA (V) €9.95

Penne in a spicy sauce made from garlic, tomatoes, and red chilli peppers slow cooked in olive oil.

SPAGHETTI BOLOGNESE €9.95

Classic thick, full-bodied beef and tomato ragù with garlic, red wine and fresh basil.

CHICKEN RIGATONI €10.95

Chicken breast marinated in garlic, fresh chilli and olive oil, diced and served in rich tomato sauce.

SAUSAGE PACCHERI €9.95

Spicy Italian sausage, mushrooms and pecorino sardo cheese in a seasoned white wine sauce.

SPAGHETTI & MEATBALLS €9.95

Hand rolled beef loaded with herbs and cheese, simmered in an easy Italian tomato sauce and topped with shaved parmesan.

SPAGHETTI CARBONARA €9.95

Smoked bacon, Grana Padano parmesan cheese, free-range eggs in a creamy sauce.

Add ons €1.50: bacon, chicken, falafel, meatballs, Italian sausage

GLUTEN-FREE OPTION:
ALL OUR PASTA RECIPES CAN BE ORDERED GLUTEN FREE.

DESSERTS

DEATH BY CHOCOLATE	€5.50
TIRAMISU	€6.00
ICE CREAM SUNDAE	€5.50

FRAPPÉS NEW

A FALLEN SNOW WHITE	€3.95
Shot of Illy coffee with vanilla, low fat milk and ice.	
STICKY TOFFEE	€3.95
Sticky toffee caramel with vanilla cream	
COFFEE CARAMEL	€3.95
Shot of Illy coffee with caramel, low fat milk and ice, topped with whipped cream.	

HOT DRINKS

ALL OUR TEA AND ILLY COFFEE ARE PROVIDED BY FAIRTRADE AND RAINFOREST ALLIANCE CERTIFIED PROVIDERS.

ESPRESSO	€1.95
DOUBLE ESPRESSO	€2.60
AMERICANO	€2.20
LATTE	€2.80
CAPPUCCINO	€2.80
CAFFÈ MACCHIATO	€2.60
CAFFÈ MOCHA	€2.50
TEA	€2.20
HERBAL TEA	€2.50
FLAT WHITE	€2.50
HOT CHOCOLATE	€2.75
Extra shot	€0.85
Syrup shot	€0.65

BEER

PERONI, MORETTI (330ml)	€5.75
HEINEKEN, BUDWEISER (330ml)	€5.50
COORS LIGHT (330ml)	€5.50
ERDINGER WEISSBIER (500ml)	€6.50
ERDINGER - NON ALCOHOLIC (500ml)	€4.50
O'HARA'S IRISH RED (500ml)	€6.50
O'HARA'S IPA (500ml)	€6.50
ARKLE IRISH CIDER (500ml)	€6.50
DAURA GLUTEN FREE BEER (500ml)	€6.50

SOFT DRINKS

AQUA PANNA	
Still H ₂ O	€2.90 (250ml).....€3.95 (750ml)
SAN PELLEGRINO	
Sparkling H ₂ O	€2.90 (250ml).....€3.95 (750ml)
SOFT DRINKS AND SODA	€2.50 (330ML)
Coke, Diet Coke, Club Orange, 7Up, Diet 7Up	

WHITE WINE

	GLASS.....	BOTTLE
ARCHE TREBBIANO D'ABRUZZO	€5.95.....	€19.50
A light, dry and crisp wine with hints of apple in the aromas.		
CA LUCA, PINOT GRIGIO	€6.50.....	€23.95
Medium bodied, with clean and spicy hints of tropical fruits.		
GOTTO D'ORO FRASCATI SUPERIORE €6.75.....		€24.95
Delicate fruity undertones followed by a pleasant aromatic finish.		
FIANO BENEVENTANO		€25.95
Well structured with good acidity and leaves a long, pleasing and lasting aftertaste of exotic fruits.		
INTRIGO SAUVIGNON BLANC		€26.95
Dry and full bodied on the palate with a velvety finish.		

RED WINE

	GLASS.....	BOTTLE
CASA BORDELINO MONTEPULCIANO D'ABRUZZO	€5.95.....	€19.50
Medium bodied, ruby red with intense ripe bramble fruit aromas.		
VILLA SERENA MERLOT	€6.50.....	€22.95
Youthful and fruity with a long plum fruit flavour finish.		
CANTINE SALICE SELENTINO	€6.75.....	€24.95
Intense ruby red with hints of raspberry, pepper and pulpy fruits.		
ARIA VALPOLICELLA DOC SUPERIORE		€25.95
Full bodied with intense, sweet cherry flavours and dark raisin aromas.		
TERRE AL SOLE PRIMITIVO		€26.95
A dry and powerful red wine which is full of character with a long rich lingering finish.		



Bel Cibo is available for all kinds of celebrations and parties. Ask instore for details or go to www.belcibo.ie to know more.